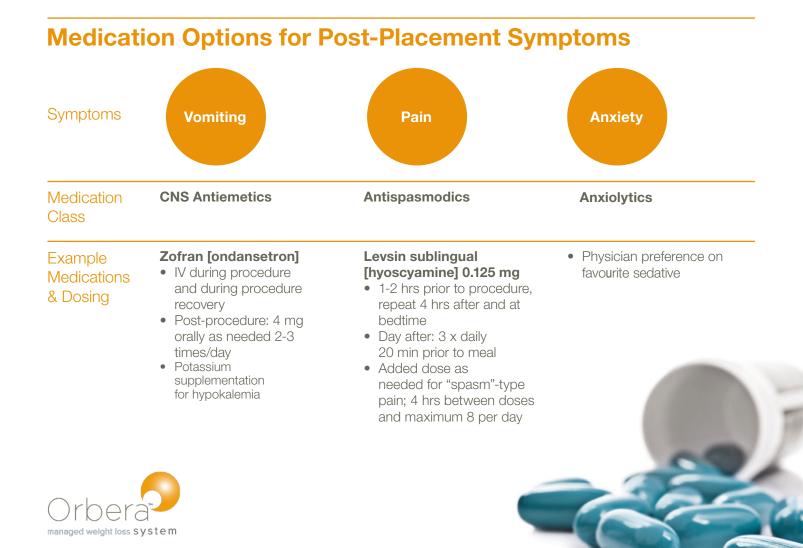
## ORBERA<sup>®</sup> Post-Placement Patient Management

Quick Reference Guide

### **PPI Recommendations**

#### Example Medication & Dosing

Proton Pump	• BID two weeks prior to placement and through removal of the ORBERA® balloon
Inhibitors (PPI)	• IV PPI can be given during procedure (e.g., pantoprazole, esomeprazole 40 mg)



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# ORBERA<sup>®</sup> Post-Placement Patient Management

Quick Reference Guide

### **Dehydration**

Dehydration is a primary concern for patients with nausea and vomiting and requires a proactive management approach for patient safety:

#### Common Signs

- Limited fluid intake
- Reduced urination
- Concentrated urine (dark color and small volume)
- Rapid heart rate, irregular heart rate
- Unsteadiness with position change and ambulation
- Confusion

### **Dehydration Protocol**

### Common Symptoms

- Dry mouth
- Thirst
- Lightheadedness
- Orthostasis
- Palpitations

Call patient at 24 hrs post-placement and daily to assess symptoms and fluid intake. If dehydration is suspected, see patient in office and look for signs and symptoms.



If signs and symptoms are clear, send patient for IV fluids.

## Long-term Issues: Months 1-6

### Halitosis (Fetid Eructation):

- Advise patients to return to the initial post-placement liquid diet for 2-3 days
- Drink water or small amounts of diet non-caffeinated soda to keep balloon clean and help stop foul-smelling breath.

#### Spontaneous Deflation:

- Assess for balloon deflation / location with x-ray or ultrasound
- Endoscopic balloon removal if still positioned in stomach or proximal small bowel
  - If located in small bowel, monitor patient for signs of an obstruction and wait and see if it passes
- Balloon may get stuck at the ileocecal valve and require endoscopic removal

#### Gastroparesis:

- May present as delayed vomiting of food consumed the previous day. Occurs in some patients 1-2 months post placement.
  - Stop hyoscyamine
  - Erythromycin 100 mg liquid orally twice daily for 7-10 days or
  - Metoclopramide 10 mg orally before meals and bedtime for 7-10 days if no response to erythromycin

