

ORBERA® Post-Placement Patient Management

Quick Reference Guide

PPI Recommendations

Example Medication & Dosing

- Proton Pump Inhibitors (PPI)
- BID two weeks prior to placement and through removal of the ORBERA® balloon
 - IV PPI can be given during procedure (e.g., pantoprazole, esomeprazole 40 mg)

Medication Options for Post-Placement Symptoms

Symptoms	Vomiting	Pain	Anxiety
Medication Class	CNS Antiemetics	Antispasmodics	Anxiolytics
Example Medications & Dosing	Zofran [ondansetron] <ul style="list-style-type: none">• IV during procedure and during procedure recovery• Post-procedure: 4 mg orally as needed 2-3 times/day• Potassium supplementation for hypokalemia	Levsin sublingual [hyoscyamine] 0.125 mg <ul style="list-style-type: none">• 1-2 hrs prior to procedure, repeat 4 hrs after and at bedtime• Day after: 3 x daily 20 min prior to meal• Added dose as needed for “spasm”-type pain; 4 hrs between doses and maximum 8 per day	<ul style="list-style-type: none">• Physician preference on favourite sedative



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Dehydration

Dehydration is a primary concern for patients with nausea and vomiting and requires a proactive management approach for patient safety:

Common Signs

- Limited fluid intake
- Reduced urination
- Concentrated urine (dark color and small volume)
- Rapid heart rate, irregular heart rate
- Unsteadiness with position change and ambulation
- Confusion

Common Symptoms

- Dry mouth
- Thirst
- Lightheadedness
- Orthostasis
- Palpitations

Dehydration Protocol

Call patient at 24 hrs post-placement and daily to assess symptoms and fluid intake.



If dehydration is suspected, see patient in office and look for signs and symptoms.



If signs and symptoms are clear, send patient for IV fluids.

Long-term Issues: Months 1-6

Halitosis (Fetid Eructation):

- Advise patients to return to the initial post-placement liquid diet for 2-3 days
- Drink water or small amounts of diet non-caffeinated soda to keep balloon clean and help stop foul-smelling breath.

Spontaneous Deflation:

- Assess for balloon deflation / location with x-ray or ultrasound
- Endoscopic balloon removal if still positioned in stomach or proximal small bowel
 - If located in small bowel, monitor patient for signs of an obstruction and wait and see if it passes
- Balloon may get stuck at the ileocecal valve and require endoscopic removal

Gastroparesis:

- May present as delayed vomiting of food consumed the previous day. Occurs in some patients 1-2 months post placement.
 - Stop hyoscyamine
 - Erythromycin 100 mg liquid orally twice daily for 7-10 days or
 - Metoclopramide 10 mg orally before meals and bedtime for 7-10 days if no response to erythromycin



Important: For full safety information, please visit www.orberaweightlossystem.com.au